



## **Terms & Conditions**

### **The Healing Threads Wellness Collective**

#### **1. Use of This Website**

By accessing or using this website, you agree to these Terms & Conditions. These terms apply to all visitors, participants, and users of The Healing Threads Wellness Collective website and resources.

#### **2. Purpose of Our Services**

The Healing Threads Wellness Collective provides creative, educational, and wellness-focused programming designed to support emotional awareness, reflection, and community connection.

Our workshops, resources, and events are not a substitute for medical care, mental health treatment, or clinical therapy. Participation is voluntary and intended to support personal growth, emotional wellness, and creative expression.

#### **3. Participation & Personal Responsibility**

Participation in our programs, workshops, events, or use of downloadable resources is at your own discretion. Individuals are encouraged to engage at their own pace and honor their personal comfort levels.

Participants are always invited — never required — to share personal experiences.

#### **4. Trauma-Informed & Supportive Approach**

Healing Threads uses trauma-informed practices that prioritize safety, choice, and respect. While we aim to create supportive and grounding spaces, we recognize that emotional responses may vary.

When appropriate, participants may be encouraged to seek additional support from licensed professionals or community resources.

#### **5. Intellectual Property**

All content on this website — including text, graphics, downloadable resources, worksheets, images, and logos — is the property of The Healing Threads Wellness Collective unless otherwise stated.

Content may not be reproduced, distributed, or used for commercial purposes without written permission.

#### **6. Downloadable Resources**

Resources provided for download are intended for personal, educational, or community use only. They may not be sold, altered for resale, or redistributed without permission.

## **7. Event Registration & Cancellations**

Specific terms related to event registration, attendance, or cancellations may be outlined on individual event pages or registration forms and will take precedence where applicable.

## **8. Privacy & Respect**

We value privacy and respect within our community. Any personal information shared through contact forms, registrations, or newsletter sign-ups will be handled with care and will not be sold or shared.

## **9. Changes to These Terms**

The Healing Threads Wellness Collective reserves the right to update or modify these Terms & Conditions at any time. Changes will be reflected on this page.

## **10. Contact**

If you have questions about these Terms & Conditions, please contact us through the website's contact page.